



# Lithgow Showgirl

## Information Booklet



“The reality is that there are only three things that make a Showgirl: passion for their community, passion for rural NSW and being a genuinely nice person.”

**Elyse Hudson**  
**Lithgow Showgirl 2018**



# Introduction

The Lithgow Showgirl Competition provides young women with the opportunity to be ambassadors for Lithgow and the Lithgow Family Show. As a Showgirl Entrant you may be involved in the Show presenting prizes, sashing winners, speaking with the media, stallholders and show goers. You will be encouraged to immerse yourself in everything the Show has to offer including events in the lead up to Show weekend.

This booklet has been designed to provide all of the information you will need for the judging and presentation process.

Please contact the Showgirl Coordinator if you need any further information by email [info@lithgowshow.org.au](mailto:info@lithgowshow.org.au)

All information contained within this booklet is correct at the time of uploading. Any changes will be made at the discretion of the Lithgow Show Society and will be communicated to Showgirl Entrants as soon as possible.



Zone 5 Showgirl Final 2018



# Entry Requirements

(Taken from The Land Sydney Royal Showgirl Competition 2020 Conditions and Guidelines)

- 1.** The Competition is open to those who are permanent residents of Australia.
- 2.** Entrants must be women aged from 18 years to less than 25 years as at 1 May in the year of the State Final.
- 3.** Entrants must reside, be educated, or work within New South Wales for at least three months prior to their local Showgirl Competition to qualify to compete within the State.
- 4.** Only candidates nominated by an Agricultural Show Society are eligible for Zone and State Final judging.
- 5.** Previous entrants in the Showgirl Competition are eligible to enter however they are not to have been one of the 1st, 2nd or 3rd placegetters in a previous State Final.
- 6.** The following people are not eligible to enter the Showgirl Competition:
  - a.** Staff, Directors and Councillors of both the Royal Agricultural Society of NSW ("RAS") and Agricultural Societies Council of NSW ("ASC")
  - b.** The daughters of the Staff, Directors and Councillors of the RAS and ASC.
  - c.** Current Rural Achiever applicants for the 2019 Sydney Royal Show
- 7.** Winning entrants who are employed or engaged in full time studies will be required to obtain a leave of absence to attend Zone and State Final Judging.
- 8.** The winning Showgirl is requested, where possible, to represent the RAS, ASC and their local Show Society at agricultural shows.
- 9.** The State Final Judging will take place in Sydney from Tuesday 31 March 2020 and conclude on Monday 06 April 2020, with the State Final Presentation on Sunday 05 April 2020 at the Sydney Royal Easter Show. Finalists will be guests of the RAS whilst in Sydney, but will be required to pay their own travelling expenses to and from Sydney.
- 10.** The winner of the State Final and the first runner up will be required to remain in Sydney as guests of the RAS until Thursday 09 April 2020 to perform official duties at the Sydney Royal Easter Show unless granted an exemption by the RAS of NSW. Other finalists may leave Sydney on Monday 06 April 2020 after all official Showgirl Functions.
- 11.** All entrants are to abide by the Showgirls' Code of Conduct, as set out by the RAS and the ASC, when acting as an ambassador for RAS, ASC or their local Show Society.

For further details and entry forms please contact Lithgow Show Society by email [info@lithgowshow.org.au](mailto:info@lithgowshow.org.au) or the ASC on 02 9879 6777 or email [nicky.seeto@ascofns.org.au](mailto:nicky.seeto@ascofns.org.au)



## Important Dates

### **Sunday March 10 2019 - COMPULSORY ATTENDANCE**

**Judging** of the Lithgow Showgirl Competition including individual interviews with the judging panel, a sit-down lunch with the judges and the equivalent of the on-stage interview. Location and times of the event will be confirmed

### **Friday March 15 2019 - COMPULSORY ATTENDANCE**

**Announcement and Presentation** of the 2019 Lithgow Showgirl will occur at 6pm at the Lithgow Family Show

In addition to the above, **all entrants are strongly encouraged** to participate on any or all of the following events. More information will be provided closer to the dates.

### **Wednesday March 13 and Thursday March 14 2019**

Assisting with Set-up of Lithgow Family Show

### **Friday March 15 2019 - Lithgow Family Show**

Tony Luchetti Showground (2pm-10pm)

Opening of the Show

Young Farmers Challenge

RFS Challenge

### **Saturday March 16 2019 Lithgow Family Show**

Tony Luchetti Showground All Day (10am-10pm)

From 10am - assist with the Teen Showgirl Judging

Volunteering across Show

Rodeo

Hosting of special guests

### **Saturday 1 February 2020 (The Winning Showgirl is expected to attend.)**

Zone 5 Final The Land Sydney Royal Showgirl Competition at Gresford.

The winner of the 2019 Lithgow Showgirl Competition is expected to make every effort to attend the Judging Day and Presentation Function for the 2020 Lithgow Showgirl Competition.



# Judging Day - Sunday March 10 2019

## COMPULSORY ATTENDANCE

**Judging** of the Lithgow Showgirl Competition will take place on Sunday March 10. More information will be confirmed once entries have closed.

**Interviews** will commence from 9am. Depending upon the number of entrants, some interviews may need to be held after lunch. You will be advised of your interview time once details have been finalised. We will do our best to accommodate requests for specific interview times. Please arrive at least 15 minutes prior to your scheduled interview time. Members of the Showgirl Committee will greet you on arrival.

Dress is smart daywear or business attire. The most important thing is comfort. A dress, skirt and top or pants and top are all acceptable. A blazer is optional (depending upon the weather). Consider this to be a job interview.

You will have a fifteen minute interview with three judges, who will ask you questions based on your Entry Form. Make sure you know what is on that form and that you can talk about the information you have supplied. You will also be asked about the Lithgow Family Show and the Lithgow Local Government Area.

Each entrant will be judged on the following criteria -

- Personality
- Confidence
- Ambitions & Goals
- General Knowledge (local, Australian and international)
- Personal Presentation (style, grooming, deportment)
- Volunteer/Community Participation
- On-stage Interview

Whilst Rural Knowledge (general, local, Show) is not essential at a local level it may be an advantage.

Being nervous is expected. Remind yourself that the judges/interviewers are not trying to trick you with their questions. Everyone wants you to be successful and show us who you are. The judges want to know more about you. Relax as best you can and give honest answers. If you don't know an answer, say so. Rambling responses are discouraged.

Above all, be yourself. There is no such thing as a "typical showgirl". Each Showgirl is a unique individual and you are bringing something special to the competition.

Once you have completed your individual interview with the judges you are free to relax however you choose until lunch. There will be an area for entrants to mingle, or you may choose to be with your supporters.





## Judging Day - Sunday March 10 2019

### COMPULSORY ATTENDANCE

**Lunch** with the Judges is a part of the judging process involving a sit-down meal and an opportunity to mix with the judges and other entrants. Following the lunch, any remaining individual interviews will be conducted.

**On-Stage Interviews** will be conducted at the completion of all individual interviews. These will be held in with all entrants and judges present. Each entrant in turn will be asked two to three questions by the MC in front of all of the attendees. Whilst being a more intimate environment, you will still be judged on your ability to address an audience, speech/diction, deportment and personality. The MC will speak with you during your relaxation time after your individual interview and put you at ease regarding the questions you will be asked.

Once all of the interviews with the MC have been completed each entrant will be presented with their entrant sash. After some photos have been taken you are free to leave. The day should be concluded by 4pm.







# Announcement and Presentation

## Friday March 15 2019

### COMPULSORY ATTENDANCE

**Announcement and Presentation** will take place during the Lithgow Family Show Opening at the Tony Luchetti Showground.

Please arrive at 5:30pm for a 6pm start and wear your sash. Dress code is smart daywear. Feel free to invite all your friends and family to come to the Show and see the sashing.

Prior to the event, if you are available and wish to assist at the Show then you are most welcome. This however **will not be judged**. Dress code for volunteering at the Show is smart casual (i.e clean, neat denim and button up top or day dress).





## Prize List

### Showgirl Winner

Pearl Necklace courtesy of Eva Jewellers

Showgirl Personal Development Weekend courtesy of Lithgow Show Society

Floral Bouquet courtesy of Bouquets by Design

Winner's Sash

### Showgirl Runner-Up

Floral Bouquet courtesy of Bouquets by Design

Runner-Up Sash







## Research Tips

For the interested and curious, these sites will provide you with some information about the Showgirl Experience. It is not a definitive list. Make Google your friend.

[Behind the Sash Facebook and Website](#)

[Wauchope Showgirl Facebook](#)

[Royal Agricultural Society of NSW \(RAS\) Website](#)

[Lyndsey Douglas' top ten tips for entering \(found on LinkedIn\)](#)

[Berrigan Show Showgirl Competition Guide \(This is a bit out of date, but there is still some useful advice to be found\)](#)

It is also worth researching issues facing rural Australia and Primary Production Industries. Some great resources include [The Land](#), [Landline](#) and [ABC Rural](#) as well as the [Build](#) section of [The Farm Table](#).





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